

PECO Cross Country League 2021-22: Race 3 (Middleton Park v2)								
Senior Men's Results for Team Scores								

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	779	Valero	Marcos	Roundhay Runners	MSEN	28:32		
2	1327	Thompson	Alex	Wharfedale Harriers	MSEN	28:40		
3	220	Robins	Sam	Chapel Allerton Runners	MSEN	29:14		
4	1300	Athersmith	Lee	Wharfedale Harriers	M35	29:16		
5	157	Humphries	Andrew	Airecentre Pacers	MSEN	29:17		
6	1076	Lomas	Adam	Hyde Park Harriers	MSEN	29:28		
7	987	Stirk	Adam	Wharfedale Harriers	M35	29:31		
8	1302	Muir	Jack	Wharfedale Harriers	MSEN	29:47		
9	170	Grant	Daniel	Valley Striders	M35	30:02		
10	977	Athersmith	Matthew	Wharfedale Harriers	MSEN	30:06		
11	63	Roden	Freddie	Abbey Runners	MSEN	30:16		
12	982	Holmes	Christian	Wharfedale Harriers	M45	30:17		
13	1307	Whitfield	Fraser	Chapel Allerton Runners	MSEN	30:20		Y
14	173	Dickinson	George	Bradford Airedale AC	MSEN	30:21		Y
15	352	Anderson	George	Hyde Park Harriers	MSEN	30:23		
16	37	Jones	Simon	Abbey Runners	MSEN	30:33		
17	462	Vargas	Michael	Hyde Park Harriers	M35	30:37		
18	312	Boynton	Philip	Horsforth Harriers	MSEN	30:41		
19	1301	Muir	Harry	Wharfedale Harriers	MSEN	30:44		
20	1193	Jordan	Rupert	Hyde Park Harriers	M35	30:50		
21	213	Mortimer	Charles	Chapel Allerton Runners	M40	30:52		
22	255	Bryant	Mark	Harrogate Harriers & AC	M45	30:55		
23	979	Charlesworth	Nicholas	Wharfedale Harriers	M55	30:56		
24	791	Brown	Andy	Saltaire Striders	M50	30:57		
25	807	Kerr	Will	Saltaire Striders	M45	31:02		
26	768	Scott	Andrew	Roundhay Runners	MSEN	31:03		
27	797	Fillingham	Martin	Saltaire Striders	M50	31:13		
28	15	Clark	Cal	Abbey Runners	MSEN	31:24		
29	350	Adkins	Tobias	Hyde Park Harriers	MSEN	31:30		
30	1063	Weatherhead	Greg	Harrogate Harriers & AC	M35	31:32		
31	1081	Gott	Steven	Ilkley Harriers	M45	31:32		
32	680	Beyene	Tekie	Roundhay Runners	MSEN	31:32		
33	844	Herrington	Richard	St Therasas AC	M40	31:32		
34	199	Harrold	Brian	Chapel Allerton Runners	M35	31:36		
35	806	Kernick	Carl	Saltaire Striders	M40	31:39		
36	526	Coldwell	Ben	Kirkstall Harriers	MSEN	31:55		
37	35	Jenkins	Liam	Abbey Runners	MSEN	31:59		
38	628	Wilkinson	James	Pudsey & Bramley AC	M40	32:00		
39	385	Fellows	Alasdair	Hyde Park Harriers	MSEN	32:02		
40	713	Gibbs	Richard	Roundhay Runners	M45	32:03		
41	479	Mckeown	Daniel	Ilkley Harriers	M40	32:10		
42	980	Furness	Rob	Wharfedale Harriers	M40	32:13		
43	33	Hutchison	Ross	Abbey Runners	M35	32:26		
44	916	Mann	Gary	Valley Striders	M40	32:32		
45	1060	Bryant	Joe	Harrogate Harriers & AC	MSEN	32:37		
46	996	Carter	Dom	York Postal Harriers	MSEN	32:37		

47	1189	Clementson	Edd	Hyde Park Harriers	MSEN	32:38		
48	486	Bailey	Stephen	Kippax Harriers	M45	32:39		
49	31	Holmes	Matthew	Abbey Runners	M45	32:47		
50	534	Hipkiss	Jack	Kirkstall Harriers	MSEN	32:59		
51	751	Morton	Joe	Roundhay Runners	M35	33:02		
52	392	Garratt	Richard	Hyde Park Harriers	M40	33:02		
53	934	Straughan	Tim	Valley Striders	M55	33:06		
54	796	Dunbar	Stuart	Saltaire Striders	M55	33:07		
55	754	Newell	Matt	Roundhay Runners	M35	33:08		
56	1104	Hoult	Paul	Roundhay Runners	M35	33:11		
57	682	Blakeley	Matthew	Roundhay Runners	M50	33:16		
58	1319	Harris	Simon	Abbey Runners	M40	33:16		
59	45	Mcguire	Dave	Abbey Runners	M50	33:17		
60	1298	Grave	Paul	Valley Striders	M45	33:18		
61	1155	Armitstead	Simon	Chapel Allerton Runners	M35	33:18		
62	1001	Ellwood	Glynn	York Postal Harriers	MSEN	33:19		
63	673	Westmoreland	Jason	Rothwell Harriers & AC	M50	33:20		
64	426	Noren	Peter	Hyde Park Harriers	MSEN	33:25		
65	152	Worthington	Joe	Ackworth Road Runners	M40	33:26		
66	1008	Partridge	Simon	York Postal Harriers	M45	33:27		
67	618	Townend	Darren	Nidd Valley Road Runners	M45	33:28		
68	172	Colley	Ashley	Bradford Airedale AC	MSEN	33:31		
69	650	Brown	Paul	Rothwell Harriers & AC	M50	33:36		
70	1276	Yao	Zejun	LUUCCC	M35	33:53		
71	197	Greenland	Rob	Chapel Allerton Runners	M45	33:56		
72	14	Brienen	Stef	Abbey Runners	MSEN	33:58		
73	1038	Teggart	David	Bradford Airedale AC	M45	33:59		
74	663	Wilson	Justin	Rothwell Harriers & AC	M45	34:00		
75	204	Hough	Paul	Chapel Allerton Runners	M35	34:02		
76	761	Powell	Ed	Roundhay Runners	M40	34:04		
77	215	Nunn	Sam	Chapel Allerton Runners	MSEN	34:09		
78	749	Moakler	Ben	Roundhay Runners	M40	34:14		
79	430	Pratt	John	Hyde Park Harriers	M35	34:16		
80	1343	Mawer	Damian	York Postal Harriers	M45	34:26		Y
81	1324	Kennedy	Jonah	Hyde Park Harriers	MSEN	34:27		
82	84	Wray-Rogers	Luke	Abbey Runners	M40	34:29		
83	1066	Critchley	Martin	Horsforth Harriers	M45	34:30		
84	824	Sykes	Rich	Saltaire Striders	M45	34:33		
85	189	Dearden	Mike	Chapel Allerton Runners	M40	34:38		
86	167	Walker	Richard	Airecentre Pacers	M45	34:44		
87	1220	Wilkinson	Matthew	Nidd Valley Road Runners	M35	34:46		
88	863	Yong	Chin	St Therasas AC	MSEN	34:47		
89	1308	Harwood	Rick	Hyde Park Harriers	M45	34:48		Y
90	183	Bell	Aaron	Chapel Allerton Runners	M35	34:50		
91	66	Rogerson	Tom	Abbey Runners	M40	34:59		
92	10	Barrick	David	Abbey Runners	M35	35:01		
93	86	Aubrey	Ryan	Ackworth Road Runners	M35	35:01		
94	1201	Stead	Harry	Ilkley Harriers	MSEN	35:03		
95	741	Macdonald	Matthew	Roundhay Runners	MSEN	35:04		

96	1009	Pearson	Marc	York Postal Harriers	M40	35:04		
97	1318	Bysouth	Tom	Abbey Runners	M40	35:05		
98	668	Senior	Ben	Rothwell Harriers & AC	M40	35:13		
99	666	Rickerby	Dylan	Rothwell Harriers & AC	M45	35:15		
100	936	Tarran	James	Valley Striders	M55	35:18		
101	1031	Walker	Gavin	Ackworth Road Runners	M35	35:19		
102	971	Matthewson	Alex	Wetherby Runners AC	M35	35:20		
103	1121	Schofield	George	St Therasas AC	MSEN	35:23		
104	439	Rhodes	Steve	Hyde Park Harriers	M55	35:26		
105	822	Singh	John	Saltaire Striders	M35	35:36		
106	121	Lines	Charles	Ackworth Road Runners	M60	35:41		
107	1340	Pownall	Jonathan	Valley Striders	MSEN	35:43		
108	539	Moger	Adam	Kirkstall Harriers	M45	35:46		
109	925	Sanderson	Ian	Valley Striders	M50	35:47		
110	329	Little	Stuart	Horsforth Harriers	MSEN	35:52		
111	409	Jackett	Charlie	Hyde Park Harriers	M40	35:54		
112	941	Vallance	Simon	Valley Striders	M55	35:56		
113	182	Barnett	Dom	Chapel Allerton Runners	MSEN	35:59		
114	1069	Greenhalgh	Lee	Horsforth Harriers	M45	35:59		
115	256	Clegg	Steven	Harrogate Harriers & AC	M45	36:01		
116	771	Smith	Jonathan	Roundhay Runners	M45	36:02		
117	501	Hill	Andy	Kippax Harriers	M50	36:10		
118	1321	Chubb	Daniel	Chapel Allerton Runners	M35	36:12		
119	1260	Dearnley	Chris	Roundhay Runners	M35	36:14		
120	1216	Scaife	Nigel	Nidd Valley Road Runners	M50	36:15		
121	560	Ellmore	Stephen	Knaresborough Striders	M50	36:17		
122	1106	Rose	Stefan	Roundhay Runners	M40	36:17		
123	193	Fuller	Luis	Chapel Allerton Runners	MSEN	36:22		
124	265	King	Geoff	Harrogate Harriers & AC	M65	36:22		
125	1311	Long	Vernon	Valley Striders	M50	36:23		
126	711	Fowles	Andrew	Roundhay Runners	MSEN	36:23		
127	494	Davy	Alan	Kippax Harriers	M40	36:34		
128	115	Hughes	David	Ackworth Road Runners	M40	36:36		
129	68	Scholefield	Phillip	Abbey Runners	MSEN	36:43		
130	264	Jordan	Mark	Harrogate Harriers & AC	M65	36:49		
131	786	Wilkinson	Chris	Roundhay Runners	MSEN	36:51		
132	480	Pierce	Justin	Ilkley Harriers	M45	36:52		
133	793	Dell'amico	Loris	Saltaire Striders	M45	36:52		
134	19	Craven	Paul	Abbey Runners	M50	36:57		
135	1335	Rose	Jack	Hyde Park Harriers	MSEN	37:02		
136	648	Best	Louis	Rothwell Harriers & AC	M35	37:06		Y
137	1224	Gourley	William	Rothwell Harriers & AC	M40	37:06		
138	104	Sidwell	David	Ackworth Road Runners	M35	37:09		
139	160	Lee	Derek	Airecentre Pacers	M35	37:16		
140	1124	Parton	Adam	Valley Striders	M50	37:20		
141	1248	Parkinson	Andrew	Valley Striders	MSEN	37:21		
142	1116	Thomas	Richard	Saltaire Striders	MSEN	37:22		
143	542	Nodwell	Adam	Kirkstall Harriers	M35	37:23		Y
144	314	Brown	Rhys	Horsforth Harriers	M35	37:23		

145	1337	Fox	William	Nidd Valley Road Runners	MSEN	37:24		
146	338	Ross	Bryan	Horsforth Harriers	M35	37:32		
147	1242	Mellor	David	St Therasas AC	M45	37:36		
148	219	Robins	Ben	Chapel Allerton Runners	MSEN	37:38		
149	268	Moffatt	Simon	Harrogate Harriers & AC	M50	37:54		
150	114	Horobin	Darren	Ackworth Road Runners	M45	37:54		
151	417	Knighton	Richard	Hyde Park Harriers	MSEN	37:55		
152	520	Wideman	Wayne	Kippax Harriers	M45	38:04		
153	1014	Shively	Bill	York Postal Harriers	M60	38:05		
154	1113	Spink	Stewart	Saltaire Striders	M50	38:05		
155	323	Freeman	Paul	Horsforth Harriers	M50	38:09		
156	1305	Cocker	Simon	Nidd Valley Road Runners	M55	38:11		
157	406	Hindson	Adam	Hyde Park Harriers	M45	38:13		Y
158	151	Winder	Bill	Ackworth Road Runners	M45	38:17		
159	488	Blackburn	Pete	Kippax Harriers	M40	38:20		
160	1227	Wilkinson	Rich	Rothwell Harriers & AC	M50	38:27		
161	1255	Laughton	Mark	York Triathlon Club	M50	38:28		
162	482	Singleton	David	Ilkley Harriers	M45	38:32		
163	141	Smith	Ryan	Ackworth Road Runners	M40	38:37		
164	911	Kaulgud	Dinesh	Valley Striders	M45	38:39		
165	226	Shepherd	Stuart	Chapel Allerton Runners	M40	38:42		
166	611	Shaw	Marcus	Nidd Valley Road Runners	M45	38:47		
167	1044	Kelner	David	Chapel Allerton Runners	M35	38:48		
168	1125	Powell	Mike	Valley Striders	M35	38:49		
169	619	Turner	Steven	Nidd Valley Road Runners	M50	38:50		
170	1075	Lawson	Gregor	Hyde Park Harriers	MSEN	38:52		
171	1157	Lyons	Chris	Chapel Allerton Runners	M45	38:55		
172	367	Carrier	Andrew	Hyde Park Harriers	MSEN	38:56		
173	343	Squire	Alan	Horsforth Harriers	M55	38:58		
174	969	Legg	Ian	Wetherby Runners AC	M55	39:05		
175	483	Snow	Matthew	Ilkley Harriers	M40	39:07		
176	789	Bower	David	Saltaire Striders	M55	39:11		
177	772	Steele	Joe	Roundhay Runners	M45	39:14		
178	814	Mosedale	Tim	Saltaire Striders	M40	39:20		
179	29	Greene	Paul	Abbey Runners	M60	39:24		
180	190	Eldred	John	Chapel Allerton Runners	M60	39:25		
181	97	Burke	Richard	Ackworth Road Runners	M45	39:28		
182	837	Fuller	Nigel	St Therasas AC	M45	39:29		
183	1254	Withill	Sean	York Postal Harriers	M60	39:29		
184	56	O'donnell	Gerard	Abbey Runners	M35	39:31		
185	1312	Edwards	Simon	York Postal Harriers	M45	39:32		
186	485	Williams	Mike	Ilkley Harriers	M60	39:35		
187	6	Ashworth	Richard	Abbey Runners	M45	39:36		
188	592	Iddon	Andrew	Nidd Valley Road Runners	MSEN	39:38		
189	554	Thomas	Richard	Kirkstall Harriers	M60	39:48		
190	537	Longmate	Kevin	Kirkstall Harriers	M35	39:58		
191	569	Morland	Steve	Knaresborough Striders	M50	40:00		
192	270	Murphy	Kevin-Malachy	Harrogate Harriers & AC	M65	40:01		
193	403	Harris	Chris	Hyde Park Harriers	MSEN	40:01		

194	1267	Holder	David	Ilkley Harriers	M55	40:02		
195	627	Shamim	Salman	Pudsey & Bramley AC	M45	40:10		
196	94	Bernardo	Paul	Ackworth Road Runners	M45	40:11		
197	186	Calver	Robert	Chapel Allerton Runners	M50	40:17		
198	1071	Botello	Carlos	Hyde Park Harriers	M35	40:19		
199	584	Crebbin	Nick	Nidd Valley Road Runners	M45	40:20		
200	410	Jeeps	Will	Hyde Park Harriers	MSEN	40:22		
201	146	Thorley	Greg	Ackworth Road Runners	M50	40:27		
202	12	Bastin	Tony	Abbey Runners	M55	40:31		
203	782	Walker	John	Roundhay Runners	M60	40:34		
204	1144	Morrey	David	York Triathlon Club	MSEN	40:34		
205	319	Evans	Matthew	Horsforth Harriers	M40	40:56		
206	119	Leach	Adrian	Ackworth Road Runners	M55	40:57		
207	1328	Ameri	Ali	Abbey Runners	M40	40:58		
208	567	Marshall	Guy	Knaresborough Striders	M55	40:59		
209	1204	Scanlon	Sean	Kirkstall Harriers	M45	41:02		
210	827	West	Richard	Saltaire Striders	M40	41:03		
211	217	Parry	David	Chapel Allerton Runners	M35	41:05		
212	999	Clayton	Daniel	York Postal Harriers	M50	41:09		
213	561	Forman	Nik	Knaresborough Striders	M60	41:20		Y
214	555	Brennan	Sean	Knaresborough Striders	M50	41:20		
215	398	Groves	Rob	Hyde Park Harriers	MSEN	41:25		
216	85	Allison	Dave	Ackworth Road Runners	M40	41:25		
217	206	Jewitt	Fred	Chapel Allerton Runners	MSEN	41:27		
218	1045	Kendell	John	Chapel Allerton Runners	M40	41:33		
219	62	Richards	Jon	Abbey Runners	M40	41:35		
220	419	Lee	Dan	Hyde Park Harriers	M40	41:37		
221	241	Porter	Craig	Dragons Running Club (Leeds)	M50	41:39		
222	558	Dobinson	Derek	Knaresborough Striders	M45	41:39		
223	517	Storey	Ian	Kippax Harriers	M50	41:40		
224	521	Allen	Lloyd	Kirkstall Harriers	M50	41:42		
225	126	Mckinney	Charles	Ackworth Road Runners	M45	41:43		
226	1341	Goodman	James	York Postal Harriers	M35	41:44		Y
227	860	Seddon	Tim	St Therasas AC	M60	41:47		
228	1290	Spencer	Tim	Saltaire Striders	M65	41:50		
229	80	Whittaker	James	Abbey Runners	M50	41:54		
230	1089	Easton	Jonathan	Nidd Valley Road Runners	M40	41:58		
231	232	Worrall	Stephen	Chapel Allerton Runners	M55	41:59		
232	669	Shaw	Brian	Rothwell Harriers & AC	M55	42:01		
233	563	Harrop	Andrew	Knaresborough Striders	M55	42:08		
234	499	Hammond	Paul	Kippax Harriers	M60	42:09		
235	811	Love	Martin	Saltaire Striders	M55	42:11		
236	502	Hoy	Graham	Kippax Harriers	M40	42:26		
237	155	Grindley	Paul	Airecentre Pacers	M55	42:26		
238	949	Bell	Richard	Wetherby Runners AC	M55	42:30		
239	349	Yeadon	Michael	Horsforth Harriers	M60	42:32		
240	188	Cuthbertson	Nic	Chapel Allerton Runners	M60	42:54		
241	1245	Brewster	Keith	Valley Striders	M65	43:01		
242	699	Common	Paul	Roundhay Runners	M55	43:04		

243	175	Markey	Nathan	Bradford Airedale AC	MSEN	43:06		
244	374	Crawford	Gordon	Hyde Park Harriers	M65	43:06		
245	819	Pine	Andrew	Saltaire Striders	M45	43:18		
246	43	Littlewood	Graeme	Abbey Runners	M50	43:22		
247	78	Ward	John	Abbey Runners	M70	43:28		
248	926	Sawyer	Chris	Valley Striders	M60	43:35		
249	828	Western	Gary	Saltaire Striders	M60	43:36		
250	252	Askew	David	Harrogate Harriers & AC	M55	43:47		
251	924	Robins	Michael	Valley Striders	M60	43:49		
252	792	D'arcy	Graham	Saltaire Striders	M55	43:51		
253	98	Byrom	Adrian	Ackworth Road Runners	M55	43:51		
254	1140	Jones	Carl	York Triathlon Club	MSEN	43:51		
255	683	Blakeman	Neil	Roundhay Runners	M60	43:53		
256	823	Storey	Ian	Saltaire Striders	M45	43:53		Y
257	764	Richardson	Jeremy	Roundhay Runners	M60	43:59		
258	465	Wormald	Alex	Hyde Park Harriers	MSEN	44:03		
259	1235	Hillas	Stephen	Saltaire Striders	M55	44:20		
260	123	Macklam	Thomas	Ackworth Road Runners	M50	44:23		
261	672	Ward	Roger	Rothwell Harriers & AC	M60	44:34		
262	415	Judd	Andy	Hyde Park Harriers	M55	44:34		
263	954	Callaghan	Peter	Wetherby Runners AC	M55	44:53		
264	278	Seymour	Mark	Harrogate Harriers & AC	M60	45:03		
265	801	Griffiths	Alun	Saltaire Striders	M60	45:10		
266	921	Pawley	Graham	Valley Striders	M50	45:13		
267	450	Solo	Ives	Hyde Park Harriers	M50	45:14		
268	595	Leslie	Alex	Nidd Valley Road Runners	MSEN	45:30		
269	939	Towler	Tim	Valley Striders	M60	45:42		
270	433	Pullan	Richard	Hyde Park Harriers	M60	45:54		
271	901	Fox	Ken	Valley Striders	M60	46:00		
272	1261	Waite	Gary	Dragons Running Club (Leeds)	M55	46:03		
273	176	Midgley	Mathew	Bradford Airedale AC	MSEN	46:05		
274	511	Messenger	John	Kippax Harriers	M70	46:08		
275	839	Gaunt	Daniel	St Therasas AC	M35	46:13		
276	460	Underwood	James	Hyde Park Harriers	MSEN	46:17		
277	216	Parr	Ed	Chapel Allerton Runners	M35	46:23		Y
278	1283	Northfield	Rob	Nidd Valley Road Runners	M65	46:30		
279	832	Best	Jamie	St Therasas AC	M45	46:31		
280	1020	Souch	Iain	York Triathlon Club	M55	46:33		Y
281	857	Newborn	Tony	St Therasas AC	M50	46:42		
282	610	Seaman	Dave	Nidd Valley Road Runners	M70	46:55		
283	551	Taylor	Ian	Kirkstall Harriers	M45	47:07		
284	428	Ongun	Rafet	Hyde Park Harriers	M35	47:25		
285	622	Wighton	Ian	Nidd Valley Road Runners	M50	47:30		
286	368	Clarkin	Oliver	Hyde Park Harriers	MSEN	47:43		
287	698	Coghlan	Robin	Roundhay Runners	M55	47:48		
288	143	Stearn	Martyn	Ackworth Road Runners	M70	47:54		
289	727	Irving	John	Roundhay Runners	M65	47:54		
290	1342	Harben	Ross	York Postal Harriers	M35	48:18		Y
291	254	Berwin	Paul	Harrogate Harriers & AC	M65	48:23		

292	1138	Archer	John	York Triathlon Club	M70	48:39		
293	1059	Sutton	Robert	Eccleshill Road Runners	M55	48:48		
294	177	Miran	Sohail	Bradford Airedale AC	M50	48:55		
295	456	Tarbit	James	Hyde Park Harriers	M35	49:08		
296	1315	Britton	Jason	Kippax Harriers	M50	49:10		
297	614	Smith	Nick	Nidd Valley Road Runners	M60	49:21		
298	21	Ellis	Adam	Abbey Runners	M45	49:42		
299	1085	Taylor	Malcolm	Kirkstall Harriers	MSEN	49:58		
300	174	Markey	Barry	Bradford Airedale AC	M60	50:06		
301	812	Mistry	Mohanlal	Saltaire Striders	M60	50:06		
302	169	Williams	Adrian	Airecentre Pacers	M45	50:29		
303	246	Perfitt	Brian	Eccleshill Road Runners	M50	50:37		
304	244	Croston	Paul	Eccleshill Road Runners	M50	50:55		
305	505	Kitchen	Jay	Kippax Harriers	M60	51:13		
306	1338	Skinner	John	Ripon Runners	M55	52:07		
307	838	Gall	Stuart	St Therasas AC	M40	52:26		Y
308	1025	Lennon	Laurence	Abbey Runners	M60	52:29		
309	1164	Steele	Martin	Eccleshill Road Runners	M60	52:34		
310	651	Bywater	Chris	Rothwell Harriers & AC	M70	52:41		
311	61	Rahman	Mohammed	Abbey Runners	M40	52:54		
312	661	Hillarby	Richard	Rothwell Harriers & AC	M65	53:17		
313	690	Burke	Kieran	Roundhay Runners	MSEN	55:18		
314	401	Hammond	Phil	Hyde Park Harriers	M60	55:23		
315	927	Sedgley	Neil	Valley Striders	M55	55:26		
316	1239	Silva	Mervyn	Saltaire Striders	M65	55:57		
317	389	Gale	Stuart	Hyde Park Harriers	MSEN	56:35		
318	1192	Harris	Stuart	Hyde Park Harriers	M35	56:54		
319	1149	Zywicki	Paul	Ackworth Road Runners	M60	59:03		
320	647	Appleby	Martin	Rothwell Harriers & AC	M65	1:02:14		
321	506	Kitching	Les	Kippax Harriers	M70	1:08:57		
322	541	Nesden	Patrick	Kirkstall Harriers	M65	1:13:50		